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Dermatology Australasia and Australasian College of Dermatologists

Course outline: Acne & Rosacea

2025



1. Course information

1.1 Course aims

Acne is the most common skin condition found in adolescents. It is found worldwide. It is familial and is genetically determined. Acne is more severe in males, but more persistent in females in whom acne can continue until menopause.

Despite it prevalence in teenagers, acne is also found in babies, pre-pubertal children and can occur throughout life in some adults, although usually ends at menopause in women.

In most cases acne is self limiting.

The spectrum of severity of this condition is very wide from a trivial nuisance to severely disfiguring. Mild acne is easily managed in general practice however severe acne is a frequent reason for referrals to dermatologists.

The aim of this module is to familiarise you thoroughly with acne and to provide the facts required to confidently manage patients with mild to moderate acne.

Acne which does not respond to treatment and which is causing disfigurement and psychological upset should be referred to a dermatologist.

Rosacea is a predominantly facial rash which can occur at any age, including childhood, but is most common in middle age. The features that distinguish rosacea include pustules, papules, erythema and telangiectasia. Patients with rosacea commonly experience facial flushing.

Comedones are not seen in rosacea and it is a completely different condition to acne.

1.2Learning Outcomes

After completing this module, you should be able to:

- 1. Identify and describe cutaneous changes that may be associated with acne and rosacea
- 2. Critically analyse clinical cutaneous observations and/or investigations to diagnose acne and rosacea
- 3. Plan and develop treatment and management regimens appropriate to acne and rosacea
- 4. Assess when to refer a patient on to a specialist dermatologist



1.3 Learning and teaching activities

The course is organised into seven components.

- **Pre-learning activities**: are completed prior to starting the course and include a self-rating of your current skills and knowledge about acne and rosacea.
- Self-paced online modules: There are two self-paced online modules. At the end of each module participants will need to complete the Topic Scenarios which consist of case studies with T/F or multiple choice questions.
 - Acne
 - Rosacea
- **Case Discussion Forum**: This is a forum where students list differential diagnosis, treatment and management options on various case studies. Lecturers and other students can provide feedback for discussion. This is an interactive course component.
- **2 Case Study Submissions:** In approximately 500 600 words students need to submit 2 cases from their practice that are relevant to acne and rosacea. They need to present:
 - Clinical finding of the case
 - Any investigations
 - Description of the management
 - Photos of the clinical case (if possible)
 - Summary of the case therefore a reflection of the main learning points; how the patient was managed, rationale as to why this particular patient was managed in this way or in retrospect what could you have done differently and any other significant learning points. Please include a reference to a literature review.
- Webinars: 1 live webinar is held as part of this course in Trimester 1. Attendance or watching the recording are mandatory. Attendance is preferred, as it is an opportunity to interact with your lecturer and colleagues.
- **Final Assessment**: The final assessment for the subject is an online 30-minute examination with 12 case-based questions.
- **Post-course Self Reflection:** completed after starting the course and includes a self-rating of your acquired skills and knowledge about acne and rosacea.

Clinical scenarios are the main teaching and assessment tool across all learning modes of the course. They illustrate the essential content in the online modules. They are used to assess the application of knowledge and skills in the end-of-topic tests and final examination.



2. Course Structure and Outline

You can enroll in this course at any time to access the course material. This course is delivered over a 16 - week period and is self-paced.

Please be advised that the webinars are only run in Trimester 1 of each year and enrolment in this Trimester is thus encouraged.

The course consists of a total of approximately 17 hours of student effort. Here is a general overview of how long items may take:

- 2 hours orientation/planning/pre- and post-reflection excercises
- 6 hours online learning
- 1 hour live webinar
- 2 hour Case Discussion Forum
- 4 hours Case Study Submission
- 0.5 hours Final Online Exam
- 1.5 hours Additional Reading

CPD Hours

	Total Hours	Educational Activities	Performance Review Activities	Outcome Measurement Activities
RACGP CPD Hours	17	8	7	2
ACRRM PDP Hours	17	8	7	2

1. Acne	 Acne Basics Appropriate Investigation Treatment and Treatment Options Related conditions
2. Rosacea	 Overview and Clinical Features Differential Diagnosis Aggravating Factors Corticosteroid Induced Rosecea Treatment Options





3. Assessment

3.1 Assessment tasks

Tasks	Task Description	Time	Weighting
Quizzes & Practice	Complete the 2 topics and	At the end of the	Need to pass
Scenarios	associated activities such as	relevant topics	to proceed
	short diagnostic quizzes and		
	practice scenarios.		
Webinar	Attend the live or view the		Compulsory to
	recorded webinar		complete
Case Discussion	Reply to at all the available	Throughout	10%
Forum	cases	enrolment	
Case Study	500 words on relevant A&R	No later than 2	75% pass mark
Submission x 2	case	weeks before	40% weighting
		Trimester end	
Final Online Exam	A mark equivalent to 75% of	After completing	75% pass mark
	the total possible mark for the	the content, 30	50% weighting
	exam must be obtained to be	minutes	
	considered to have passed the		
	exam.		

3.2 Academic integrity, referencing and plagiarism

Be sure to provide a list of references whenever you draw on someone else's words, ideas or research to inform your own work. Not referencing other people's work can constitute plagiarism.

Please read the <u>'ACD Academic Misconduct policy.'</u> This policy is available on the ACD Website.

4. Readings and resources

Reading and Resources for examinable material will be provided within the course content. Some extended readings and resources need to be independently sourced.



5. Administrative matters

Please see our Terms and Conditions here.

For further information or questions about the course, please contact <u>enquiries@dermatologyaustralasia.com.au</u>.

The Australasian College of Dermatologists complies with the requirements of the Federal Privacy Act and the National Privacy Principles. A full copy of the College's privacy policy is available <u>here</u>.



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- Associate Professor Peter Soyer

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